

2023 Region 6

Trampoline and Tumbling Championships

Schedule: (Updated April 6)

Friday, April 14: Training sessions 3:00pm - 9:00pm

Competition Day 1: Saturday, April 15

Session 1: 8:00am to 10:30am, Lvl 1-7, Ages 10 and Under

Session 2: 11:00am to 1:00pm, Lvl 1-7, Ages 11-12

Session 3: 2:00pm to 5:00pm, Lvl 1-7, Ages 13 and Up

Session 4: 5:00pm to 6:00pm, Elite Training

Session 5: 6:00pm to 7:30pm, Synchro

Training Session for Optional Levels only (Levels 8 and Higher) after Trampolines are re-positioned, 45 minute Training Session

Competition Day 2: Sunday, April 16

Session 6: 8:00am to 9:45am, Lvl 8 and 9, All Ages

Session 7: 9:45am to 11:15am, Elite Training

Session 8: 11:30pm to 2:30 pm Lvls 10 to Elite, All Ages