

2025 Excalibur Cup Schedule

Final Schedule will be posted January 23rd . Only starting session times could change up to 45 minutes

Posted 12/20/24

FRIDAY, February 14th

GYM A			GYM B			GYM C			GYM D		
Session	Level	Open Stretch	Session	Level	Open Stretch	Session	Level	Open Stretch	Session	Level	Open Stretch
1A	6	9:00	1B	4 & 5	9:00	1C	6 & 7	9:00	1D	3	9:00
2A	7	12:30 PM	2B	3	12:30 PM	2C	6	12:30 PM	2D	4	12:30 PM
3A	6 & 7	4:00 PM	3B	5	4:00 PM	3C	6 & 7	4:00 PM	3D	4	4:00 PM

SATURDAY, February 15th

GYM A			GYM B			GYM C			GYM D		
Session	Level	Open Stretch	Session	Level	Open Stretch	Session	Level	Open Stretch	Session	Level	Open Stretch
4A	XB	8:00	4B	8	8:00	4C	8	8:00	4D	1, 2 & 3	8:00
5A	XB & HUGS	11:30	5B	9 & 10	11:30	5C	9	11:30	5D	3	11:30
CAR RAFFLE			CAR RAFFLE			CAR RAFFLE			CAR RAFFLE		
6A	XP & XD	3:00 PM	6B	10	3:00 PM	6C	8 & 9	3:00 PM	6D	4	3:00 PM

SUNDAY, February 16th

GYM A			GYM B			GYM C			GYM D		
Session	Level	Open Stretch	Session	Level	Open Stretch	Session	Level	Open Stretch	Session	Level	Open Stretch
7A	XP & XD	8:00	7B	XP & XD	8:00	7C	XP, XD & XSAPP	8:00	7D	XB & XG	8:00
8A	XG	11:30	8B	XG	11:30	8C	XG	11:30	8D	XG	11:30
9A	XS	2:45 PM	9B	XS	2:45 PM	9C	XS	2:45 PM	9D	XS	2:45 PM

Team and Individual Awards following the conclusion of each session

Thank you for coming to the 2025 Excalibur Cup!!

Hosted at the Virginia Beach Convention Center, 1000 19th St, Virginia Beach VA 23451