

2026 Palm Springs Cup

Tentative Schedule

Posted 11/10/25

** Open Stretch time can change up to 30 minutes. Final Schedule December 15th **

Friday, January 16th

Session	Level	Team	Open Stretch
1	Level 2	NCG 4 S Ranch(2), NCG Carlsbad, NCG Poway(2), Precision CA, The District, VAFB Jets, Younique Fitness	8:00 AM
2	Level 3	Excalibur, NCG 4 S Ranch, NCG Carlsbad, NCG Poway, Oceanside, Peak Elite, The District(2), VAFB Jets, Younique Fitness(2)	11:00 AM
3	Level 4 & 5	Excalibur, Gleasons, Kingdom, NCG 4 S Ranch, NCG Carlsbad, NCG Poway(2), Oceanside, Peak Elite, Precision CA, The District(2), VAFB Jets, Younique Fitness	1:45 PM
4	Level 6	Bare Foot, Excalibur, Kingdom, NCG Carlsbad, NCG Poway(2), NLG, Oceanside, Peak Elite, UVG, VAFB Jets, YLGA, Younique Fitness	5:30 PM

Saturday, January 17th

Session	Level	Team	Open Stretch
5	Level 7, Xcel Diamond	Excalibur(2), Gleasons, GW, NCG 4 S Ranch, NCG Carlsbad(2), NCG Poway, Oceanside, Peak Elite, Precision CA, Sokol Elite, UVG, VAFB Jets, YLGA, Younique Fitness	8:00 AM
6	Level 8, 9, 10, Xcel Sapphire	Bare Foot(2), Excalibur, Gleasons, NCG Carlsbad(3), NCG Poway, Oceanside, Peak Elite, Precision CA, Sokol Elite, The District, UVG, YLGA	11:10 AM
7	Xcel Gold	Gleasons (2), NCG 4 S Ranch(2), NCG Carlsbad(2), NLG, Sokol Elite(2), Younique Fitness	2:40 PM
8	Xcel Gold	GW, NCG Poway, New Vibe, Oceanside(2), Peak Elite, Precision CA(2)	5:50 PM
	Xcel Platinum	Gleasons, GW, NCG 4 S Ranch, NCG Carlsbad, NCG Poway, Oceanside, Peak Elite, Precision CA, Sokol Elite, UVG, VAFB Jets, Younique Fitness	

Sunday, January 18th

Session	Level	Team	Open Stretch
9	Xcel Bronze	GW(3), New Vibe, Oceanside(2), Precision CA, Sokol Elite(2)	8:00 AM
10	Xcel Silver	GW, NCG Carlsbad, New Vibe, NLG, Oceanside, Precision CA, Sokol Elite(2)	10:50 AM
11	Xcel Bronze	LAGC, NCG 4 S Ranch(2), NCG Carlsbad, NCG La Costa, NCG Poway, NLG(2), Younique Fitness	1:50 PM
12	Xcel Silver	LAGC, NCG 4 S Ranch(2), NCG La Costa, NCG Poway(2), Oceanside, Peak Elite, Younique Fitness	4:40 PM

*Individual and Team awards at conclusion of each session.

Thank you for coming to the Palm Springs Cup!

Hosted at the Palm Springs Convention Center
277 N. Avenida Caballeros,
Palm Springs, CA 92262